

# Homeopathic

Myriam Shivadikar-Siganos selects the highlights of an address presented by **Robin Murphy ND** at this year's ARH Annual Conference.



## Clinical homeopathy

I call my style of practising 'clinical homeopathy', and it is composed of several branches, as outlined below. The clinical approach includes all the forms of classical and constitutional prescribing, plus a lot more. Clinical homeopathy is more diverse and practical than the narrow-minded approach of the so-called classical homeopaths. One of the main reasons many homeopaths fail to be successful in practice is because they are not taught 'real-world homeopathy'. They are taught 'idealistic homeopathy', which is the classical approach. You need an ideal patient for classical homeopathy to work; they are the exception in homeopathic practice, not the rule.

Etiology overrules symptomatology in clinical practice. If the cause of the disorder is a drug, then the homeopath should be prescribing accordingly. The symptoms are an expression of the Vital Force. Each case tells you, via the etiology and symptoms, whether to go for homeopathy, tautopathy or isopathy, etc.

High-potency prescribers are like musicians who only know how to play high notes: they can never be considered master musicians. Homeopaths should be fluent in all potencies, including the herbal tinctures, and also be familiar with allopathic drugs.

We should not play this game where the cure is the only prize. Healing is a continual process, we have to keep the patient moving towards better health. A cure is not the goal; better health and better living are the goal. Health is a part of living, growing and ageing. Palliation is also important. Some serious cases can be palliated for years. What's wrong with that?

## The major branches of clinical homeopathy

### Homeopathic prescribing

The prescribing of potentised remedies based on their *symptom similarity* to the disorder being treated. We need to know the homeopathic therapeutics first and foremost. This is an example of a remedy curing a disorder that it is similar to, and based on, provings and toxicology reports.

### Isopathic prescribing

The prescribing of potentised remedies based on their *biological similarity* to the disorder being treated. Isopathy is the science of miasms, nosodes, epidemics, vaccinations etc. This is an example of a virus curing a virus, or a bacteria curing a bacteria, etc.

### Tautopathic prescribing

The prescribing of potentised remedies based on their *chemical similarity* to the disorder being treated. Tautopathy is the science of antidotes and toxicology. This method excels in removing the effects of drugs and toxins.

Drug layers, drug abuse, addictions, cravings and drug overdoses can all be treated with tautopathic methods. The first remedy ever prescribed in homeopathy was a tautopathic, one not a homeopathic, one. Hahnemann used the remedy *China* (potentised Peruvian bark) to treat Peruvian bark poisoning: that was tautopathy. Where was the need to take a long case history, as the classicals do? This is an example of a poison curing a poison.

### Sympathetic prescribing

The prescribing of potentised remedies based on their *sympathetic similarity* to the disorder being treated. This includes the folklore uses of potentised remedies. This is an ancient homeopathic science. Here, the homeopathic remedy is selected according to folklore, flower essences, gemstones, herbs, astrology etc. By understanding sympathies and antipathies, one can treat a variety of disorders. These remedies can also be given to healthy people to help enhance normal human functions, such as meditation, dreams, creativity, memory, speech, stamina and sports.

### Allopathic drugs

In the USA, the top big killers are:

1. heart disease
2. cancer
3. strokes
4. allopathic prescribed drugs.

Allopathic prescribed drugs kill 120,000 people per year – and these are the reported cases only. Indirectly they kill many more thousands of people. Modern medicine uses weird numerology to

# toxicology

manipulate the statistics, and they call it a medical 'science'. The average American has a 9000% greater chance of dying from allopathic drugs than from a loaded gun in their own home! A person has double the chance of dying from their doctor than from a car accident.

Classical homeopathy is useless in cases of severe pathologies and patients on allopathic drugs. My practice consists of sixty to seventy per cent of these types of patients. Most patients today are on two or three different drugs. Therefore we should be familiar with the top allopathic drugs being prescribed today, especially those used for heart problems, blood pressure and diabetes. We need to know the drug side-effects, drug overdose and withdrawal symptoms etc. Also, we need to know how to use the allopathic drugs as homeopathic remedies.

In homeopathic prescribing, I never take a patient off their drugs – therefore the allopaths don't object. I always give low potencies of the indicated remedies, along with herbal tinctures.

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## Allopathic prescribed drugs kill 120,000 people per year – and these are the reported cases only

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Why? Because low potencies given daily are less prone to be antidoted by the drugs. I give higher potencies for drug overdoses and acute withdrawal symptoms. Once the patient is doing better, the drug doses are lowered and eventually stopped. We can get patients off their drugs by treating the underlying reason they are taking the drugs. As the allopathic drugs are reduced, the cure rate is increased.

Some fifteen hundred new drugs are developed annually, all of which are new to the human gene pool. Therefore any approved drug is still one foreign to human DNA for generations. The true toxic effects of any drug may not be known for at least forty years. Humans are being chemically manipulated, poisoned and experimented on, for money and no other reason. Chemotherapy is as toxic as getting cholera, but we have to pay for the chemo poisoning, and cholera is free!

We are also being poisoned by synthetic chemicals called xenobiotics that have been around since the early 1900s. Thousands of new xenobiotics are being developed every year. Tap water contains some fifty-six thousand xenobiotics; the US government tests for only 56 of them in tap water. Since 1900, 2 million pesticides, herbicides and chemicals have been found in the human bloodstream.

**Example:** In brain tumour cases, a chemical called sodium lauryl sulphate may be a cause of the cancer. This chemical is found in most shampoos – even the ones in the health stores – to create foam. Sodium lauryl sulphate is detected in the bloodstream after one use only. We shampoo our babies' hair with a cancer-causing agent on a daily basis!

### The nine methods of tautopathic prescribing

A practitioner needs to be familiar with the *MIMS* or the *BNF* (*British national formulary*) of allopathic drugs. It is important not to be prejudiced against allopathy, but to understand allopathic drugs as being morbidic agents like any other, such as grief or trauma. In the treatment of patients who are on drugs, if you can use tautopathy first, you can demonstrate what homeopathy can do.

#### 1. Tautopathic prescribing for drug side-effects

Drug side-effects are a major obstacle to cure. The biggest hazard lies in mixing up the case. We can get acute side-effects of drugs and the chronic symptoms of the patient confused. It's important to separate these two. We need to learn to distinguish between the side-effects of the drugs and the symptoms of the patient when we analyse the case history. We need to learn the symptoms of allopathic drugs like we do those of the homeopathic remedies. **Example:** You might ask a patient if she experienced her symptoms before or after the pill /HRT. Then, depending on the answer, you might look at remedies like *Oophorinum*, Ovarian and Oestrogen.

#### 2. Tautopathic prescribing for drug layers

'Never been well since taking a drug or chemical poisonings' is a common phenomenon in modern practice. Drug poisonings can leave drug layers. If a drug layer exists in the case, then it must be removed first. Otherwise the patient's health will not improve. Mixing these drug layers with the general case is a big mistake. Also, ignoring the top layer of the case can lead to a failure to cure or even palliate.

#### 3. Tautopathic prescribing for drug withdrawals

The drug withdrawal symptoms are a whole new case. Treat all drug withdrawals as acutes, and use the tautopathic remedies in higher potencies. Flush the drugs out with water, by putting the tautopathic remedies in water. Also use herbal tinctures to help with the detoxification process. *Avena sativa* for morphine or heroin withdrawal. Chemotherapy and radiotherapy should be treated as acute poisonings. Go for the herbs that fit the organ, and give the tautopathic remedies.

#### 4. Tautopathic prescribing for drug addictions

Clinical homeopathy can assist greatly in the removal of cravings and addictions. Both psychological and physiological addictions can be treated effectively. Cravings for cigarettes, alcohol, coffee, marijuana or allopathic drugs are all treatable with tautopathics. Is this being taught in the homeopathic colleges?

**Example:** There are remedies for alcohol craving, such as *Lachesis*, *Quercus rubens*, *Sulphuricum acidum* or *Amethyst* (known as the sobriety stone). However, alcohol in potency is a great remedy. Alcohol dehydrates the brain and can lead to many chronic disorders, including epilepsy.

#### 5. Tautopathic prescribing for drug and chemical overdoses

Acute drug overdoses are a common cause of death in our society. Knowing the correct tautopathic or homeopathic remedies can save someone's life.

**Example:** Barbiturate overdose symptoms are slurred speech, drowsiness, murmuring and heavy eyes, followed by coma and death. Phenobarbital in potency is the antidote for Phenobarbital overdose. The clinical picture of *Gelsemium* also fits.

#### 6. Tautopathic prescribing of allopathic drugs based on their allopathic indications, as in the MIMS/BNF

Despite all the new provings going on these days, I believe learning allopathic drugs is more important. We instantly have around a thousand new chemical remedies. These remedies are prescribed based on their allopathic indications, because they are already well-proven tautopathic remedies.

**Example:** Ritalin is used in hyperactivity, and so it has a similar affinity for that disease. It is a stimulant that treats overstimulated children. Therefore Ritalin in potency is a great remedy for treating hyperactivity.

**Example:** Dopamine is a drug used for Parkinson's disease. Therefore *Dopamine* is a remedy for Parkinson's disease. These patients also have a dopamine deficiency.

**Example:** A child is a *Silicea* constitution at birth, but after abuse goes into a *Staphisagria* layer then, after difficult teenage years, he gets given Prozac. These remedies have an affinity for each other. The fact that Prozac treats a *Staphisagria*-like condition means that the patient is sensitive to Prozac. Drugs like Prozac can be used as new remedies: they stand with *Staphisagria*, *Arsenicum* and *Carcinosinum*. We must be unprejudiced and treat them like another remedy.

#### 7. Tautopathic prescribing of allopathic drugs and chemicals based on their homeopathic indications

Remedies like *Lithium carbonicum*, *Alcoholus*, *Mercurius*, *Plumbum* and *Adrenalinum* have been in the repertory for over a hundred years. Via provings and case histories we have the indications for prescribing them as homeopathic remedies. Likewise, any drug or chemical can be used in a potentised form as a homeopathic remedy to treat things beyond its normal allopathic indications.

#### 8. Tautopathic prescribing of preventative remedies

This is also known as prophylactic tautopathy. If one knows a person is about to be exposed to a toxic substance, then one can give a tautopathic remedy to help them through the toxic exposure.

**Example:** Before a visit to the dentist, give the anesthetic in potency, especially if the patient has a history of poor recovery from that drug. Likewise, for chemotherapy you can give *Cadmium sulphuratum* on the day of the chemo treatment, to lessen its side-effects.

#### 9. Tautopathic prescribing for detoxification

Naturopaths strongly believe in detoxification, and homeopaths should too. Knowing methods of detoxification will save lives.

Our bodies are 75% water, so the cell salts are very important remedies. Cell salts clean the intracellular water that has become poisoned. Everything, including ageing, comes down to cell water, cellular dehydration being the cause of many problems.

In the US there is a product called Bioplasma, which has all 12 tissue salts in each tablet. You take it by placing the cell salts in a bottle of water and shaking it up. By doing this, the energy of the water changes. I call this Biowater. It is like a homeopathic IV. The best time to take this is at the Kidney hour, which is between 6:25 am and 10:17 am.

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## Drugs like Prozac can be used as new remedies: they stand with *Staphisagria*, *Arsenicum* and *Carcinosinum*

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Another method is to place the cell salts in water bottles, and then add the tautopathic remedy. This sequence is important as the remedy placed in last overrides the others. In cigarette addiction, place the cell salts in water, then add *Nicotinum* 30c, and do a flush for 7 days. A water flush is when one adds homeopathic remedies to large amounts of water, which the patient drinks over a certain period of time. The more water there is, the more powerful it becomes. You can 'layer' the water.

**Example:** Add *Nicotinum* 30c to 20 fl. oz pure water, and shake the contents. The patient should drink the 20 fl. oz water over the course of a few hours.

**Example:** Detox tonics can be made with pure water (distilled is best) plus cell salts plus herbs plus a tautopathic remedy. The last potency or the highest potency is the one that will influence the tonic the most. Add herbs and homeopathic remedies to bottles of water to help pull out toxins from organs. Carry out the flush for 7 days, by drinking a 20 fl. oz bottle of the mixture each morning.

Caution should be used when applying these detox tonics. I recommend they be used for a short period of time only, and that the patient then have a break. After this, the detox should only be repeated if necessary.

To summarise: knowing clinical homeopathy will be a great boon to anyone in practice today and in the future. Knowing tautopathic prescribing is absolutely essential, as the majority of the human population is being poisoned on a daily basis. I will be teaching a postgraduate course on clinical homeopathy and tautopathy in the UK in the coming year. ●