

Vaccinations: what cost?



by Christina Head MCH RSHom

'I was very pleased to have been invited to talk to the ARH Summer Conference at Warwick University on the difficult and controversial subject of "Homeopathy and Vaccination". The conference was well attended and was a pleasant and warm experience.'

Introduction

When I first started practising homeopathy in the late 1980s I was amazed at how difficult I found it was to work with children. I would give what I thought were the right remedies, do my best to repertorise the case and get all the right information and yet children would come back again and again, only a little better.

For a while I thought I must have been doing it all wrong and there was no hope for me as a homeopath. Then one day I had a student sitting in with me and we

took a case and I prescribed *Medhorrinum* 200 as the opening remedy. The student afterwards asked me why I had chosen that remedy, as it was not really the simillimum. It was then that I realised how much I was using *Medhorrinum* and *Tuberculinum* because I could not see a clear remedy picture but just the hints of the miasm. I could not explain to the student why I had given that remedy, but it really made me *think*. The common denominator with all these children was a suppressed immune system from the

vaccinations. Perhaps this suppression was blocking the immune system and the remedy?

I then decided to experiment by giving all children the vaccinations back in potency in the reverse order to which they had been given, that is, if the last vaccination was the MMR then I would start with a remedy made from the MMR vaccination. This was followed by polio, DTP-Hib with meningitis C and possibly BCG or hepatitis depending upon the vaccination programme for the individual.

I decided to give each remedy with a week's gap in-between, and to ask the parents to note any effects from each remedy.

Possible effects show in whatever way the particular body throws off toxins, through the skin, nose, lungs, bowel or urine.

To my amazement, 30% of all the children treated in this way returned to good health straightaway and needed no more treatment. In the other 70%, the constitutional remedy became clearer and they recovered their health in a few months. Previously it had usually taken between 12 and 18 months to resolve the child's problems, using all the miasmatic remedies along the way.

So, this led me to investigate further what was actually happening to our children after being vaccinated.

The immune system

The immune system does not fully develop until the thymus gland becomes active at 6 months old. Until then, the baby is protected by the mother's immune system through the breast milk, and as weaning occurs the baby's own immune system then takes over. To bombard the immature immune system with poisons, animal matter, metals and other noxious substances at 2, 3 and 4 months old creates chaos in the underdeveloped immune system and things are never the same again.

Also if an individual has an inherited or acquired susceptibility or weakness, this toxic brew can and often does trigger mild to severe diseases. Regressive autism from the MMR is just one of the worst diseases triggered by the vaccine programme.

With the onset of puberty and development of the sex hormones the immune system then takes a back seat, by which time it should be fully programmed and mature in order to be able to deal with whatever life will throw at it. Childhood diseases are called 'childhood diseases' for that very reason. From 6 months old until puberty the immune system is one of the most important developing systems of the body. The child's immune system is active and receptive and will fully investigate its environment if allowed to. It will also be receptive to diseases that will enable it to throw off its inherited miasmatic conditions. Measles in particular does this beautifully.

To suppress this developing and evolving system is to create adults with

immature and underdeveloped immune systems, which is what we are all now seeing in our practices. Autoimmune diseases present over and over again.

I deal with this problem homeopathically. Giving the vaccinations back in potency is extremely useful, but

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other practitioners may have their own methods, which are all equally valid.

Once the immune system has been rebalanced in this way, then sound constitutional treatment can be followed with enormous benefits in creating good health in the child.

The above is my way of detoxifying the childhood vaccinations, but what of unvaccinated children?

Unvaccinated children

I have in my practice about 500 unvaccinated children of all ages. They are much more straightforward to treat because they don't have a 'kinked up' immune system. But they still have their inherited or acquired susceptibilities. I always look very carefully at the family medical history, the pregnancy and birth, and the constitutional case.

I am finding more and more that the birth experience sets the constitutional state. The way we come into this world sets up physical and emotional patterns for the future, and if the birth experience can be resolved as a child rather than in therapy at the age of forty, it is a great achievement!

Treating unvaccinated children is truly creative medicine and provides a real base for good health in the future life of the patient. Children are small adults and have all the same needs, desires, feelings and thoughts that adults experience. They don't have the ability to express themselves in the same intellectual way and so they express themselves through their behaviour in response to what is going on around them.

When I have cleared any acute or chronic disease states in unvaccinated children, I will then offer the parents homeopathic nosodes made from the nine

childhood diseases. These include *Morbillinum* (measles), *Parotidinum* (mumps), *Polio*, *Tetanus*, *Meningococcus*, *Diphtherinum*, *Variolinum*, *Pertussin* and *Rubella*, all in the 30c potency. This is the cherry on the cake and has a twofold effect.

Firstly, the nosodes work by strengthening any areas of the body that may still be susceptible to that disease. Secondly, any strong reaction to them can reveal where any susceptibility may lie within that individual. Reactions to these remedies are rare. Commonly the child sleeps better that night, but occasionally there may be an extreme reaction. This indicates that the child may get that disease quite badly and it may possibly go into a secondary state or that they would certainly react badly to that vaccination.

All the childhood diseases have a primary and secondary state. The primary state has a well-known beginning, length of time to resolve, and an ending. The secondary state, which is what everyone fears, only occurs if there is a weakness or susceptibility in the child. Homeopathy can strengthen these weaknesses by sound constitutional treatment followed by the nosodes if required.

One interesting case I have seen was that of a 6-month-old baby boy who was completely unvaccinated and in very good health. I gave him all the nine nosodes, and the day after the mumps nosode, *Parotidinum* 30, a gland in his neck on the left side swelled up to five or six times its normal size. Amazing. The father brought him in and the baby was given *Baryta carb.*, the appropriate remedy. The baby in himself was completely well and happy. *Baryta carb.* sorted out the swelling in a few days, and all was and still is well.

Had this baby gone for the MMR vaccination, with such a reaction to a nosode in the 30c potency I am sure he would have reacted very badly and then we might have been unable to resolve the weakness in such an easy and painless way.

Christina has written a book called *An Educated Decision* available direct from herself, Helios, Neal's Yard shops or Minerva Books, price £9.99 plus £1.50 postage and packing.

She also has a website (www.aneeducateddecision.com) with FAQs and more information.